

Save the Date: Book Launch and Signing at Barnes and Noble

Professional Certified Coach, Susan Commander Samakow, President of Susan Commander Samakow Coaching, LLC, invites you to join her as she launches her book, *Talk Yourself Into Success*.

The book launch will be at:

Where: Barnes & Noble

When: September 27th

Time: 7:00pm

Address: 12089 Rockville Pike

Rockville, MD

Montrose Crossing Shopping Center

Free Parking

You can also order *Talk Yourself Into Success* on Amazon:

https://www.amazon.com/Talk-Yourself-Into-Success-Strategies/dp/0692154701/ref=sr_1_1?ie=UTF8&qid=1534735449&sr=8-1&keywords=susan%20commander%20samakow

TITLE:

Talk Yourself Into Success by Susan Commander Samakow, PCC, CPCC

BLURB ABOUT BOOK:

We all have the power within to live better lives, but often we get in our own way with negative self-talk. Have you ever wanted something, either personally or professionally, but you told yourself it wasn't possible? Well it is possible and this book, Talk Yourself Into Success, gives you the tools you need to change your self-talk into positive self-talk and transform your life into the life you truly desire. From the well-known and highly regarded Self-Talk Coach, Susan Commander Samakow, this book teaches you how to effectively reframe your thoughts and eradicate limiting beliefs. In this book, Susan eloquently and concisely teaches you how to attain the positive results you want through easy-to-use techniques and concrete examples. Achieve your goals and take command of your life with Susan's successful strategies for positive self-talk, confidence and resilience.

BLURB ABOUT AUTHOR:

Susan Commander Samakow, PCC, CPCC is a Certified Business, Life and Leadership Coach. Susan is a recognized expert in the field of positive self-talk and has appeared as a featured guest on WUSA9 TV and WNBC TV. Susan's impressive list of clients includes a wide-range of individuals, businesses and government agencies. Susan has dedicated her life and career to her passion of helping others transform their lives and achieves their goals, both personally and professionally, through her proven strategies for positive self-talk, resilience and confidence. Susan's work also includes authoring various articles, columns, workshops, programs and most recently, publishing her first book, Talk Yourself Into Success. Susan lives in the Washington, D.C. metropolitan area and is married with two daughters. For more information, please visit www.selftalkcoach.com.