

ignitegoodhealth.com



## EXCLUSIVE OFFER FOR CHAMBER MEMBERS

Special Health Challenger Rate

~~\$289~~ **\$199**

IGNITE is a judgment-free, boutique health studio that combines unique fitness classes and personalized nutrition programs that will light your inner fire

## IGNITE HEALTH CHALLENGE

Join our 7-week health challenge  
to lose weight, tone up, and feel great!

~ Starts February 10<sup>th</sup> ~

### Includes:

- Unlimited fitness classes
- Weekly weigh-ins
- Customized meal plan
- Group support with motivational tips
- Health Coaches

Lose  
up to  
**15 pounds**  
in 6 weeks!

hello@ignitegoodhealth.com • 301-840-8008