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For Immediate Release

Flying V To Close 2018 Season With World Premiere of “Sheila and Moby”

Rising Talent Courtney Self to Make Her DC-area Directorial Debut

SILVER SPRING, Md., Sept. 21, 2018 – Montgomery County-based, Helen Hayes-Award-winning theatre company Flying V crowns its 2018 season with the world premiere of [“Sheila and Moby.”](#) This original play by Patrick Flynn honors the power of the imagination, examines the dynamic nature of parent-child relationships over time, and asks what it means—and costs—to grow up.

Directed by award-winning New York-based director/choreographer [Courtney Self](#) in her DC-area debut, “Sheila and Moby” will run Oct. 27 through Nov. 18 at the Writer’s Center in Bethesda, Md. Tickets start at \$20, and can be purchased online at <https://flyingv.brownpapertickets.com/> or at the door.

Media Only: Please RSVP for Opening Night on Oct. 27, and the reception that follows, to Jonathan Rubin or Elise Cleva at media@flyingvtheatre.com, no later than Monday, Oct. 22.

“Sheila and Moby” follows the journey of a hard-nosed businesswoman (Sheila) as she reteams with her childhood stuffed animal companion (Moby, an Iberian lynx) to track down a recently kidnapped stuffed koala. As the duo pursue their quest, the audience is invited to re-explore, just as Sheila does, its childhood sense of wonder and what it means to be one’s best self.

“Ever since Flying V’s founding, the exploration of human experience through modern mythologies has been front and center in the company’s work,” said Producing Artistic Director Jason Schlafstein. “That’s what ‘Sheila and Moby’ does so beautifully, which is why it’s the crown jewel of our 2018 season. We also think it’s so important to have a director like Courtney leading this project, who has such a personal connection to both Sheila and Courtney (the character), and are thrilled to introduce an incredible new talent to the scene.”

Self echoed Schlafstein’s sentiment. “I’m excited to direct ‘Sheila and Moby,’” said Self. “The play has such textual richness, thanks to Patrick [Flynn]’s mastery of language, wit, and arc. At the same time, it has a vibrant physicality and energy that I look forward to discovering with the cast and can’t wait for the audience to experience.”

Award-winning DC-area playwright, filmmaker, and web series creator Patrick Flynn added, “We’ve been developing the script for ‘Sheila and Moby’ for two years. I’m fascinated at what will come out of the practical process of actors living in the roles. Plus, the core of the play is the anxiety of being an adult, which should be relatable to anyone.”

Flynn and Self collaborated this summer to produce Flynn’s original play “The Ferberizing of Coral” at the 43rd Samuel French Off Off Broadway Short Play Festival in New York. Flynn’s play was one of the festival’s six winners and will be published by Samuel French, Inc.

“Sheila and Moby” begins previews on Thursday, Oct. 25, at The Writer’s Center, 4508 Walsh St., Bethesda, MD 20815. Opening night is Saturday, Oct. 27, and the show will run through Sunday, Nov. 18. Tickets start at \$20, and can be purchased online at <https://flyingv.brownpapertickets.com/> or at the door.

About Flying V:

A nonprofit organization founded in 2011, Flying V produces theatre for people who don’t think they like theatre. Its original, offbeat contemporary plays and performance art are inspired by genre fiction, comic books, and other modern mythologies, reflecting the intimate struggles of the human condition through vivid, high-concept metaphors and artistic vigor. Through its ensemble productions, Flying V shines a light on the loneliness and isolation endemic to modern society, aiming to foster a sense of connection and wonder, as it invigorates and inspires audiences to live life with heightened appreciation and openness to adventure. Flying V Theatre is supported in part by funding from the Montgomery County government and the Arts and Humanities Council of Montgomery County. Flying V is also supported in part by a grant from the Maryland State Arts Council. On the web at [msac.org](http://www.flyingvtheatre.com/). For more information, please visit <http://www.flyingvtheatre.com/>.